

Level 3 Award in Working with a Diagnosis of Personality Disorder



Objectives

After studying this course, students will be able to:

- have an understanding of personality disorders
- understand possible causes
- have knowledge of the different treatments available
- list sources of help and advice in a range of situations
- have a clear understanding of how to work with these complex conditions

Student Profile

This programme is designed for people who wish to gain an understanding of working with personality disorders and the basic skills required to work with such complex conditions. No prior knowledge is required although a reasonable level of literacy, to at least Level Two, is advisable as is a keen interest in the subject.

Study Method

The course is designed for study by distance learning at work or at home. Students receive course manual, assignments and study guide plus tutor support. There are no deadlines for assignments. However, you must complete the course within 12 months from the date you received the course.

Qualification

Level 3 Award in Working with a Diagnosis of Personality Disorder.

At the end of this course successful learners will receive a Level 2 NCFE Award certificate of achievement. That means that it is independently accredited at a level of learning equivalent to level 2 on the National Qualifications Framework (NQF) for England, Wales and Northern Ireland”

Awarding Body Information

NCFE is recognised as an awarding body by the qualification regulators ('regulators') for England, Wales and Northern Ireland. The regulators are the Office of the Qualifications and Examinations Regulator (Ofqual) in England, the Department for Children, Education, Lifelong Learning and Skills (DCELLS) in Wales and the Council for Curriculum, Examinations and Assessment (CCEA) in Northern Ireland.

Further information

www.ncfe.org.uk

Assessments

Assessment takes the form of a series of tutor marked assignments plus one extended essay. There is no specific word count for the assignments but you have to prove to your tutor that you have fully understood the question. One-word answers will not be sufficient.

Timescale

The programme takes place over a timescale to suit the student. Once registered, tutor support is available for up to one year or until completion whichever is sooner. To complete the course will take in the region of 100 study hours which can be spread over a 12 month period.

Location

The programme is home- or work-based enabling students to complete the course without having to attend scheduled college teaching sessions.

Tutor Support

Throughout the course, students will receive tutor support by email and by post.

Extra Online Support

The tutor for this course has now set up a forum for all of our students studying Personality Disorder and related courses. This will assist you with your studies, as not only will you get full tutor support from a professional tutor for the duration of the course, but you will get help from other students who are studying at the same time as you. You will get an insight into related courses by talking to students studying them. You can ask questions about your course or theirs, and they will try to help you.

This is a great community for all those students who wish to interact with other students in the same situation as theirs and get friendly advice, ideas and comments.

You will be able to interact with students studying the following courses:

- Understanding Abuse and Trauma
- Cognitive Behavioural Therapy
- Counselling and Psychotherapy
- Understanding Eating Disorders
- Introduction to Counselling
- Mental Health and Psychiatry

We will provide all the details of how to get onto this forum if you decide to order the course.

Course Outline

Unit 1: Classifications of Personality Disorder

- Diagnostic criteria – DSM – ICD

Unit 2: History and an explanation of Personality Disorders

- What are personality Disorders?
- Paranoid
- Schizoid
- Schizo typical
- Anti Social
- Borderline
- Histrionic
- Narcissistic
- Avoidant
- Dependent
- Obsessive
-

Unit 3: Presentation of Personality Disorder

- Self Harm
- Coping with Borderline Personality Disorder
- Eating disorders
- Addictions
- OCD – Obsessive Compulsive Disorder
- Stress
- Anxiety
- Depression and Bipolar
- Dissociative disorders

Unit 4: Common generalisations and misconceptions

- Manipulative
- Attention seeking
- Demanding
- Obstructive

Unit 5: Causes of Personality Disorders

- Developmental
- The role of Peers
- Biological
- Genetic
- Physical

Unit 6: Treatments

- Medications, Anti Depressants, Anti Psychotics, Mood Stabilizers
- Psychodynamic Psychotherapy
- Mentalisation based treatment (MBT)
- Cognitive Behaviour Therapy (CBT)
- Cognitive Analytic Therapy (CAT)
- Dialectical Behaviour Therapy (DBT)
- Therapeutic communities

- Day hospitals
- Solution Focused Therapy
- Treatment research
- EMDR – Eye Movement desensitisation restructuring

Unit 7: Mediation

- What is Mediation?
- When is Mediation called for?
- Responsibilities
- Preliminaries
- The introductory phase
- Problem definitions
- Respect the parties' abilities to reach a settlement
- Caucus meetings
- The second session
- Teamwork
- The Agreement
- Attributes of a good mediator

Unit 8: Working with personality disorder

- Therapeutic relationship
- The importance of supervision
- Crisis management
- Prognosis

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